

VULVAR BIOPSY PRE & POST INSTRUCTIONS

A Vulvar Biopsy is a procedure to obtain a small tissue sample from the vaginal area to evaluate areas of concern. You will be given a local anesthetic at the site that will be biopsied. You may experience mild pain and discomfort when anesthetic wears out.

Vular Preparation:

- You may eat normally before you arrive and take 400-800 mg Ibuprofen (2- 4 Advil).
- Apply anesthetic cream generously to the targeted area one hour prior to procedure, and keep covered with gauze.

After you Vulvar Biopsy:

- Keep area clean and dry
 - Use mild soap for washing
 - **NO TUB BATH**
 - Avoid swimming while area is healing
- * Please call the office if you are experiencing heavy bleeding or purulent (infected) discharge from the area.
- * You will receive a phone call approximately two weeks following your Vulvar Biopsy.

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